



LET'S SPEAK PLANT

cherish plants

**PLANTS WORTH
PROMOTING**



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From Wild to Wondrous:

The Untapped Potential of Southern African Plants in Horticulture



PLANT LIST

- *Aerva leucura*
- *Asparagus densiflorus*
'Winters Dream'
- *Berkheya purpurea*
- *Calodendron capense*
- *Coleus niveus*
- *Gymnanthemum*
corymbosum
- *Justicia campylostemon*
- *Kraussia floribunda*
- *Linzia glabra*
- *Pavetta revoluta*
- *Pelargonium hispidum*
- *Pycnostachys reticulata*
- *Senecio glastifolius*

Aerva leucura

White Aerva

1m Herbaceous perennial

Fast-growing with long graceful stems & dense spikes of creamy white flowers that hang like woolly worms.

Makes a wonderful display in mixed borders in summer. The flowers last quite well in a vase and also dry well.

Full sun and well-drained soil, goes dormant in winter, needs to be pruned right to the ground after flowering, will re-sprout.







Asparagus densiflorus

'Winter's Dream'

60cm-1m Herbaceous Perennial

Bright green, small, needle-like leaves are carried on long upright graceful branches that look like cat's or fox tails, with only small spines on the stems. Tiny sweet-scented white flowers followed by bright red berries from late spring.

Full shade or morning sun.

Needs well-drained soil.

Evergreen. Drought and deep shade tolerant.







Berkheya purpurea

Purple Berkheya

40-90cm Herbaceous Perennial

A sturdy plant with a rosette of prickly thistle-like leaves, which are very hairy above & woolly white beneath.

Striking pale to deep mauve flowers with a deep purple centre occur on a tall upright inflorescence stem in Summer. Topmost flowers open first.

Likes full sun with very well drained composted soil. Semi dormant in winter.







Calodendrum capense

Cape Chestnut

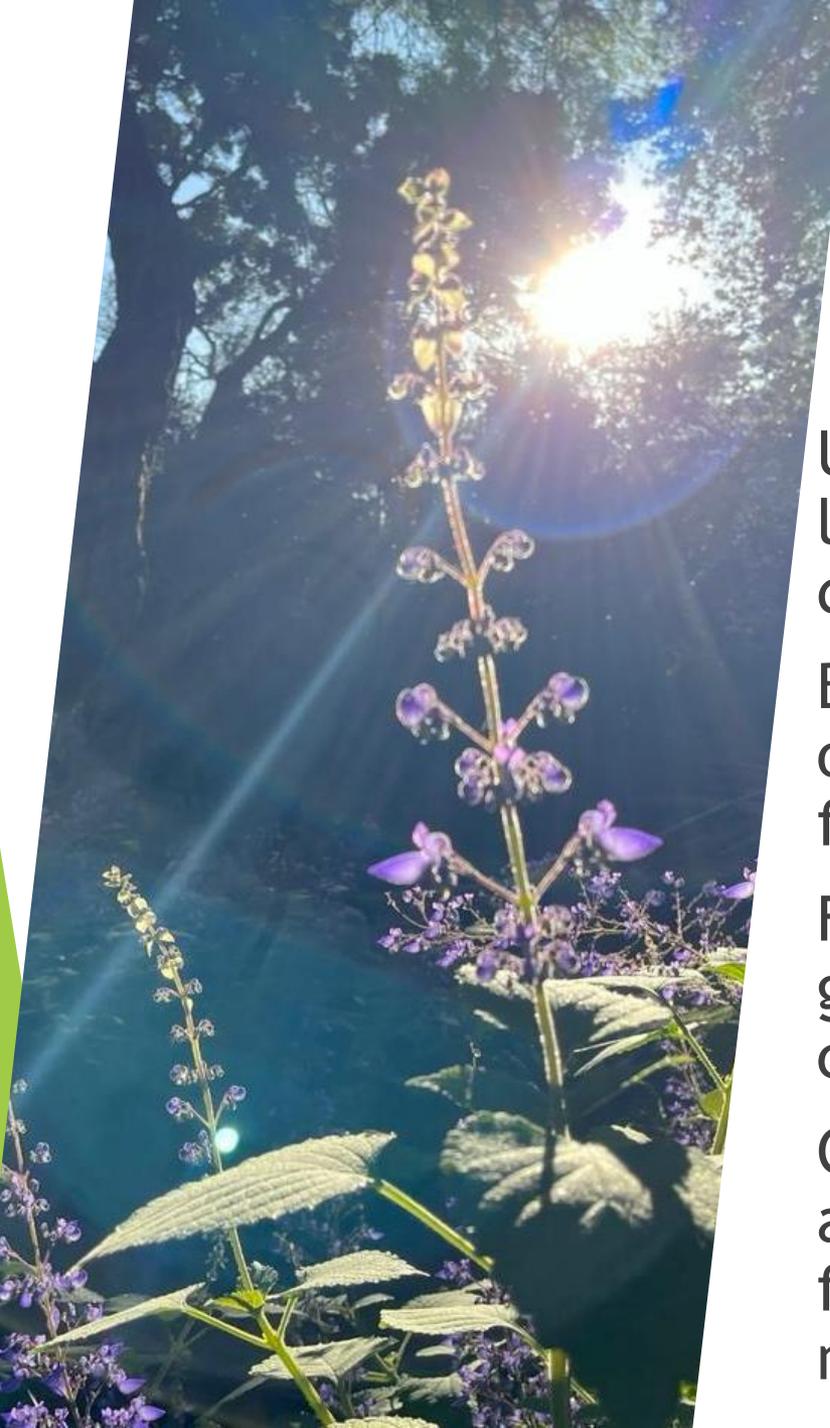
7m Shade or specimen
Tree, Coastal or Inland.

Leaves are fragrant when crushed, oil glands (buchu). In Spring the entire tree canopy turns pink with striking sweet-scented speckled flowers. Large black smooth seeds in a 5-lobed woody capsule with a rough warty surface, splitting open late summer to autumn.









Coleus niveus (Solenostemon)

1-1.5m Herbaceous perennial

Upright stems with soft green leaves that tinge lightly red to dark maroon.

Bluish-purple flowers are held on flower spikes well above the foliage in early Autumn.

Full or dappled shade with good light. Well-drained compost rich soil.

Consistent pinching of tips and a hard annual prune after flowering is required to maintain a pleasing shape.





Gymnanthemum corymbosum

Mountain vernonia



2m Shrub

Resprouting, evergreen shrub, with olive-green lightly hairy foliage, darker above & paler underneath with interesting purple and white, daisy flowers in late Summer through Autumn, followed by fluffy seeding heads in Winter.

Full sun. Well composted soil with good drainage.

Possibilities for screening, back of flower borders and clipped hedging.







Linzia glabra

Wild Heliotrope

1m Herbaceous Perennial

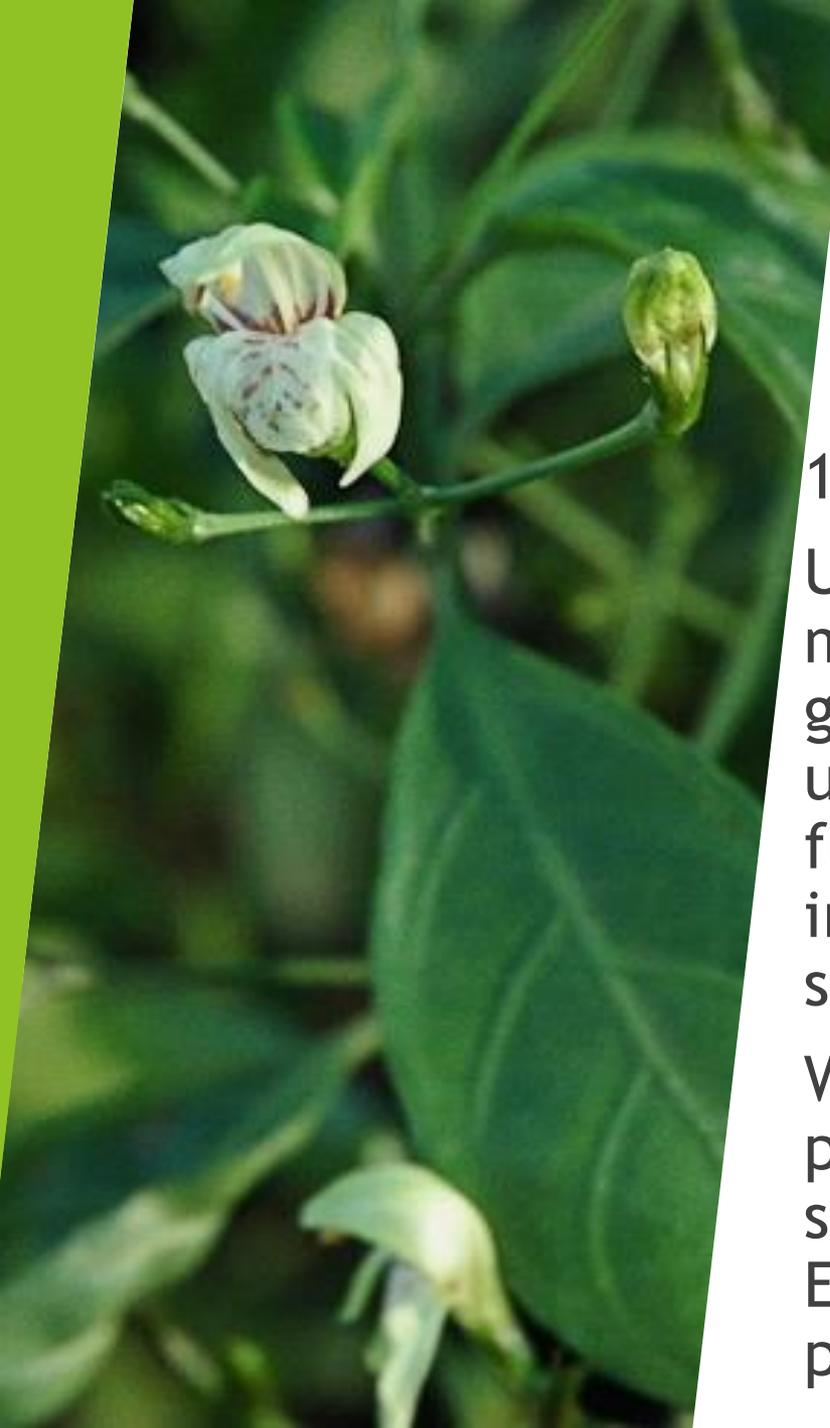
Slender upright stems, with serrated leaves arise from a woody rootstock, bearing terminal clusters of multi-colored mauve-pink flowers all through summer. Fluffy seeds often appear while the plant is still in flower, adding to the display these plants make in a mixed border.

Full sun. Well composted soil with good drainage. Prune back hard in post flowering, in Winter.









Justicia campylostemon Honey Justicia

1.2 -2.5m

Shrub

Upright rounded evergreen multistemmed, with glossy green leaves. Smallish, unusual, hooded creamy-white flowers with maroon speckles in the throat occur throughout summer, often all year-round.

Wind protected in full sun position or in a warm semi-shade or dappled light spot. Easy and fast growing²⁶. Light pinching & pruning to shape.







Kraussia floribunda Rhino-coffee

2-6m Shrub or Small Tree

Single or multi-stemmed
Evergreen glossy dark green
leaves. Clusters of scented dainty
creamy-white flowers spring to
summer. Fruits are sweet tasting
purple-black berries attracting
birds and a multitude of insects.

Half-day sun or filtered sunlight,
but when young will prefer full
shade. A specimen or screening
or container/pot plant.





Pavetta revoluta

Dune Bride's Bush

4-6m Shrub or small Tree

A naturally rounded slow-growing plant with shiny, dark green, oval leaves. Summer clusters of lovely white, sweetly scented flowers followed by black berries which attract birds.

Grows well in soils enriched with compost. Needs a warm sheltered position in sun to light shade. Use in an informal mixed border, perfect for a small garden or a container.







A close-up photograph of several vibrant purple flowers of Pelargonium hispidum. The flowers have five petals and prominent stamens. The background is a soft, out-of-focus green, suggesting foliage. The image is positioned on the left side of the slide, partially overlapping a white triangular graphic element.

Pelargonium hispidum

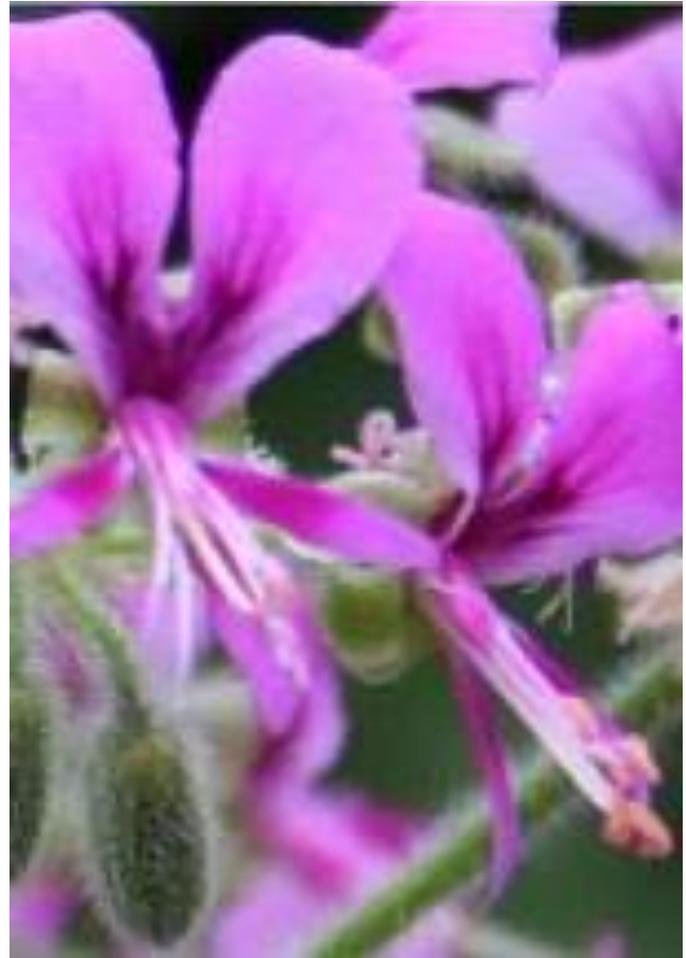
1-2m Herbaceous
perennial

Upright robust plant with
deep pink flowers
throughout summer.

Similar to *P. tomentosum*
in that they both grow in
the semi-shade with soft,
hairy, peppermint-
scented foliage. But is a
neater, taller, stronger
plant.

Prefers well-drained soil.
Prune back lightly after
flowering.





Pycnostachys reticulata now *Coleus kirkii* Blue soldier sage

1.5 - 2m Herbaceous

Bushy, upright, re-sprouting soft shrubby perennial with unusual conical spikes of pale mauve-blue-purple flowers in autumn bearing a slight resemblance to a hedgehog.

Perfect for the middle or back of a mixed border.

Easy to grow. Full sun. Pinch tips for bushier growth, prune back hard after flowering.









Senecio glastifolius

Holly-leaf Senecio,
Wild Cineraria

60cm-1m Perennial Herb

A woody base and multiple upright stems with glossy, green, toothed leaves. Spring, cheerful large daisy flowers with a single row of mauve petals around a bright yellow centre form at the tips of the stems. Showy. Not long-lived.

Use in middle or back of a mixed herbaceous border.

Easy to grow. Full sun. Pinch tips for bushier growth.







Southern African Plants Worth Promoting

IPPS 2026 International Conference

Plant & Family Name	For further Information	Notes and Comments
<p><i>Aerva leucura</i> Family: Amaranthaceae Summer rainfall</p>		
<p><i>Asparagus densiflorus</i> Family: Asparagaceae Summer rainfall</p>		
<p><i>Berkheya purpurea</i> Family: Asteraceae Summer rainfall</p>		
<p><i>Calodendrum capense</i> Family: Rutaceae Widespread</p>		
<p><i>Coleus niveus</i> Family: Lamiaceae Summer rainfall, Angola</p>	<p>https://www.botanikks.com/plants/solenostemon-niveus-hiern</p>	
<p><i>Gymnanthemum corymbosum</i> Family: Asteraceae Summer Rainfall</p>		

Plant & Family Name	For further Information	Notes and Comments
<p><i>Justicia campylostemon</i> Family: Acanthaceae Summer Rainfall</p>		
<p><i>Kraussia floribunda</i> Family: Rubiaceae Summer Rainfall</p>		
<p><i>Linzia glabra</i> Family: Asteraceae Summer Rainfall</p>		
<p><i>Pavetta revoluta</i> Family: Rubiaceae Summer Rainfall</p>		
<p><i>Pelargonium hispidum</i> Family: Geraniaceae Winter Rainfall</p>		
<p><i>Pycnostachys reticulata</i> Family: Lamiaceae Summer Rainfall</p>		
<p><i>Senecio glastifolius</i> Family: Asteraceae Summer Rainfall</p>		



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Thank-you
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