



# Nurturing Growth

- The journey of empowering  
women through micro farming

Natasha van der Schyff



Imagine a world  
where every seed planted  
not only nourishes the body  
but also empowers the spirit.

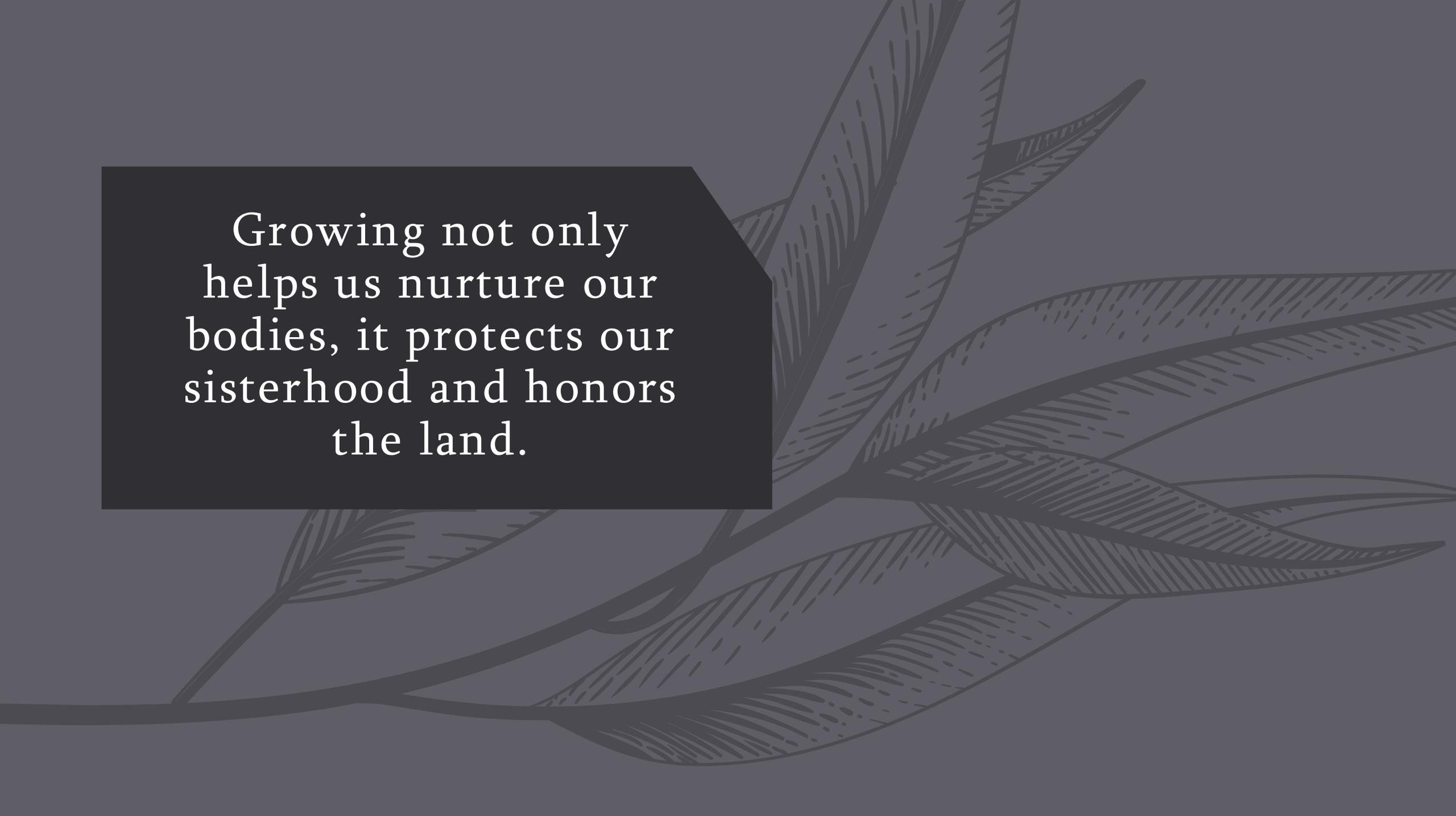


# My Story





— After that first touch of earth, I have been joyfully tangled in its embrace and my fingers have been in a committed relationship with the soil ever since.



Growing not only  
helps us nurture our  
bodies, it protects our  
sisterhood and honors  
the land.

# The Journey



## Motivation

Resilience is not about never falling down, but about rising every time you do, stronger and more determined than before.



## Steps

1. Leveraging My Entrepreneurial Experience.
2. Crafting the Business Plan
3. Securing Investment Funding
4. Launching A New Leaf



## Challenges

- Not owning our own land.
- Had to relocate growing space multiple times
  - To increase capacity.
  - Due to misalignment with our values.

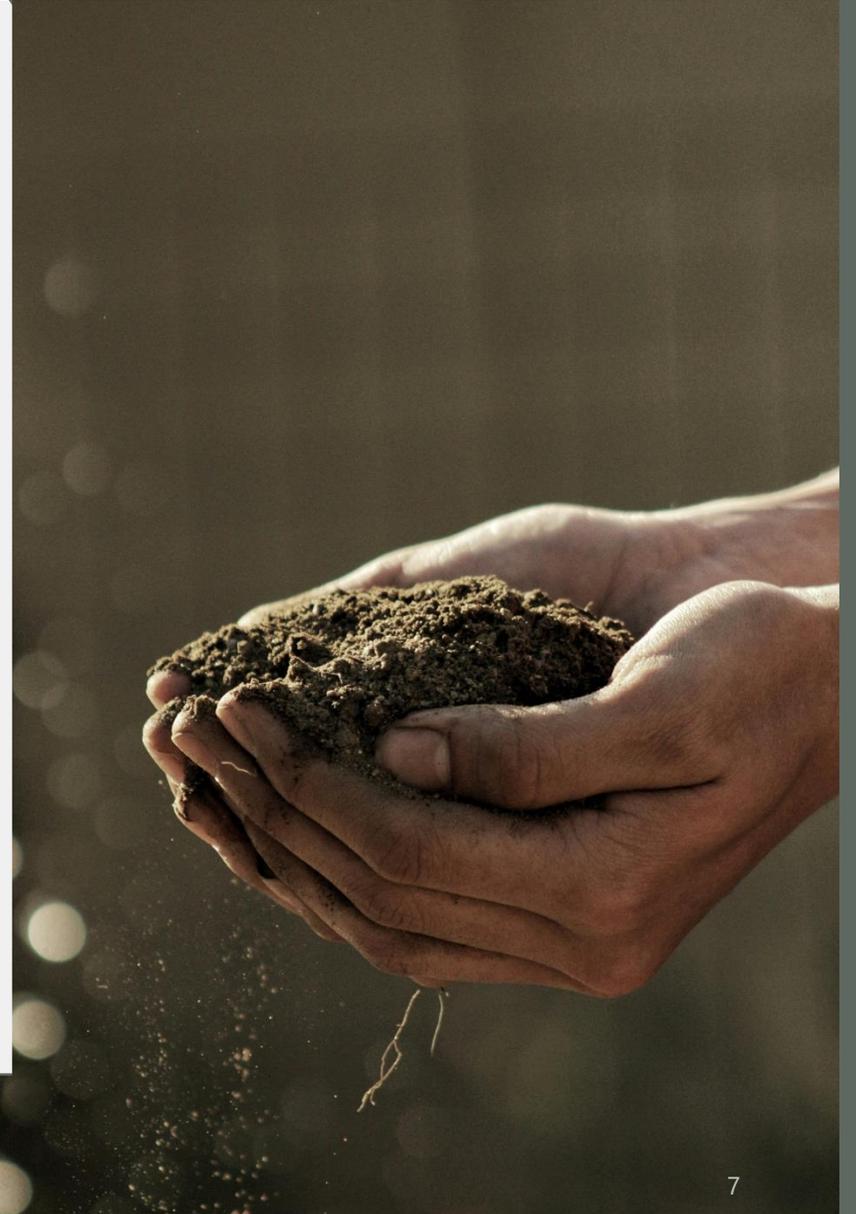


## Impact

This business has empowered me through financial independence, skill development, and becoming a model of self-sufficiency. Collaborations with local women entrepreneurs have built a supportive growth network

# Economic Empowerment

- Income Generation
- Financial Independence
- Scalability and Flexibility
- Low Overhead Costs
- Diverse Income Opportunities



# Community Impact

- Empowerment
- Social Status
- Leadership and Community Involvement





# Kenya Green Harvest

## Empowerment Through Training and Resources

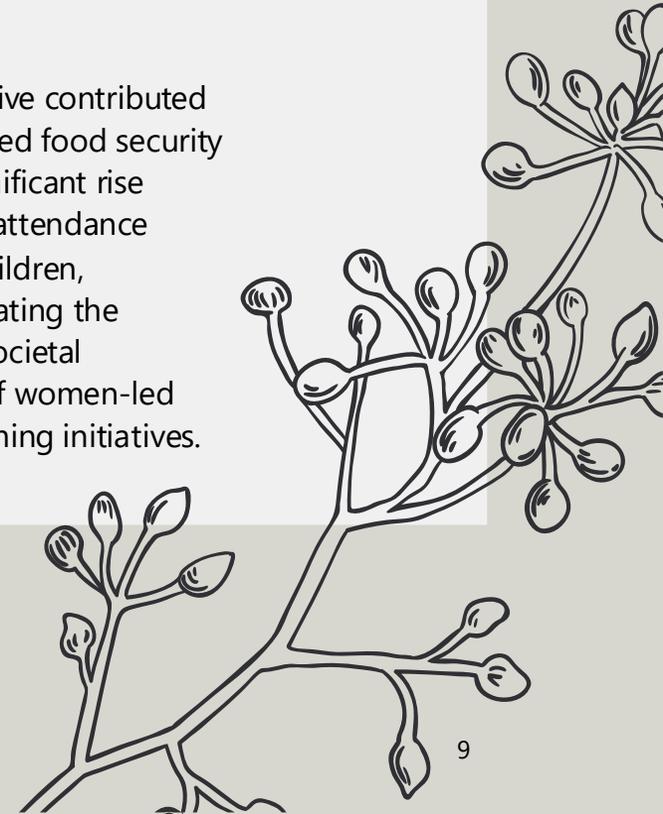
The Green Harvest Initiative focused on empowering women by providing training in sustainable farming practices and access to microloans

## Community-Wide Benefits

As a result of the initiative, women established successful micro farms, leading to a 40% increase in household incomes and improved family nutrition and financial stability

## Economic and Social Impact

The initiative contributed to enhanced food security and a significant rise in school attendance among children, demonstrating the broader societal benefits of women-led micro farming initiatives.

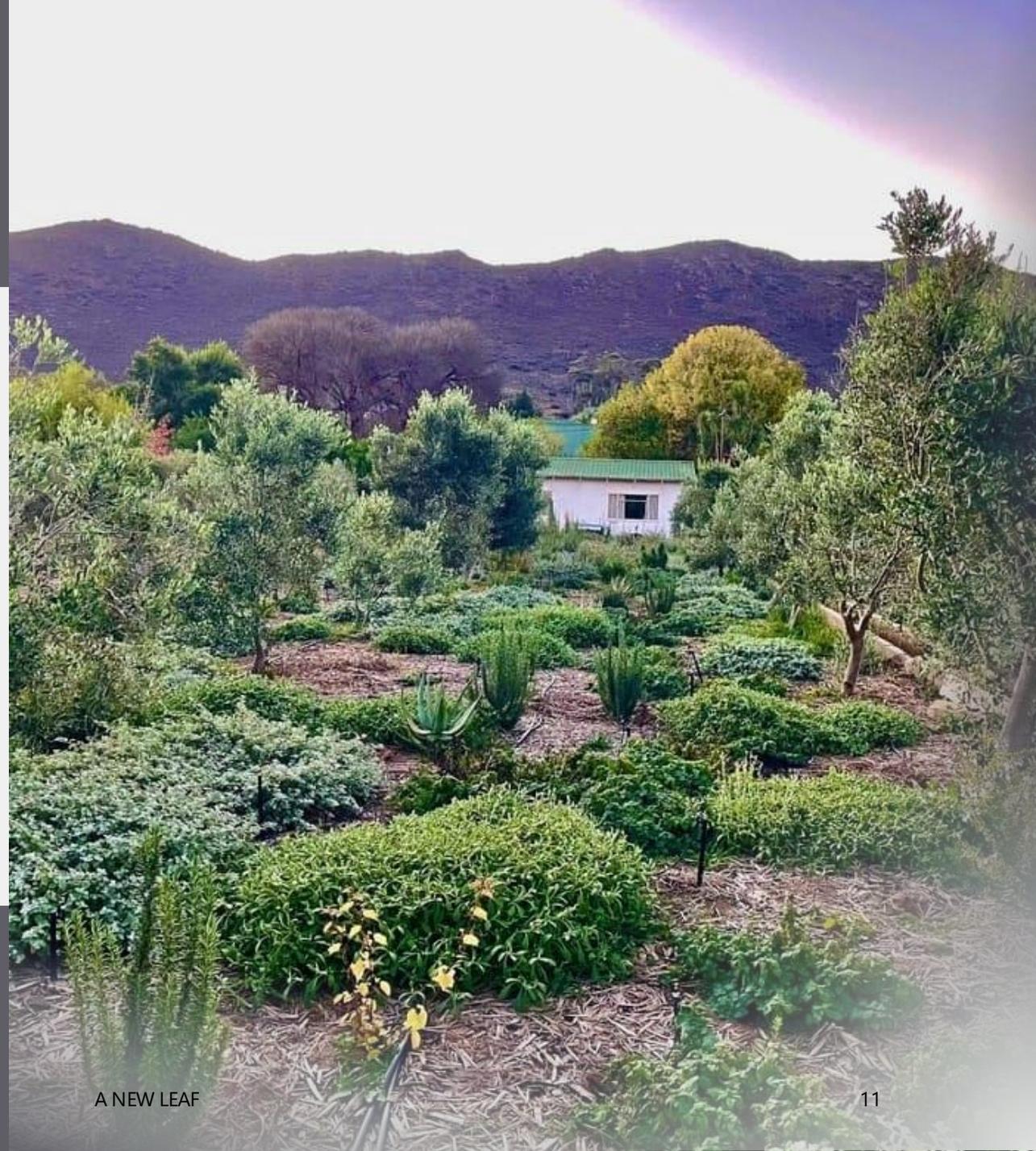
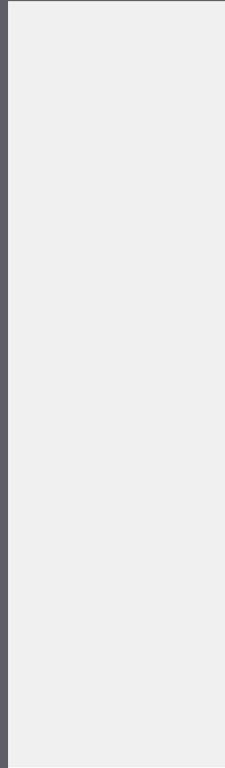




# RETHINK THE LAND

Transforming Land  
into a Thriving,  
Sustainable  
Business

- Background -
- Challenges -
- Achievements -
- Recognition & Growth -
- Impact -
- Whats Next -





Barryville  
COMMUNITY  
FOOD GARDENS

a Hessequa Gwarrie Kraal project

*Ser una Bendición*





## Summary

Micro farming empowers women by providing sustainable means to support their families and transform communities. With innovative techniques, women lead in building resilient environments, highlighting the vital connection between their empowerment and community development.

# Join the Movement: Support Women-Led Micro Farming

Empower change by  
investing in women-led  
initiatives.

Together, let's cultivate  
growth, prosperity, and  
a sustainable future  
for all.



# Thank you

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